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Online security for Adult Learners

Kalamata Second Chance School

Kalamata, Greece 15-19/12/2025

Eleni Lianou



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Day 2

Protecting Personal Information



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**– Identifying what
constitutes personal
and sensitive
information**



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Personal Information (PI)



- Full name
- Home address and email address
- Phone number
- Identification numbers (driver's license or passport number)
- Online identifiers (IP, cookie ID)
- Financial information (bank account, credit card numbers)
- Physical appearance (photo)
- Employment details (job title, work history)



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Sensitive Information (SPI)

- Racial or ethnic origin
- Political opinions
- Religious or philosophical beliefs
- Trade union membership
- Genetic data
- Biometric data for unique identification (fingerprints, facial scans)
- Health-related data (medical records, physical or mental health diagnoses)
- Data concerning a person's sex life or sexual orientation
- Criminal records (in some jurisdictions)





Key Distinction

The main difference lies in the potential impact of exposure. While the misuse of general personal information might cause inconvenience, the misuse of sensitive information can lead to severe consequences like identity theft, financial fraud, discrimination, or social exclusion



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GDPR CCPA / CPRA

Data privacy laws worldwide, such as the GDPR in Europe and the CCPA/CPRA in California, enforce stricter rules for handling sensitive information, often requiring explicit consent for its collection and processing



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– How to protect personal information online

How to protect your privacy online







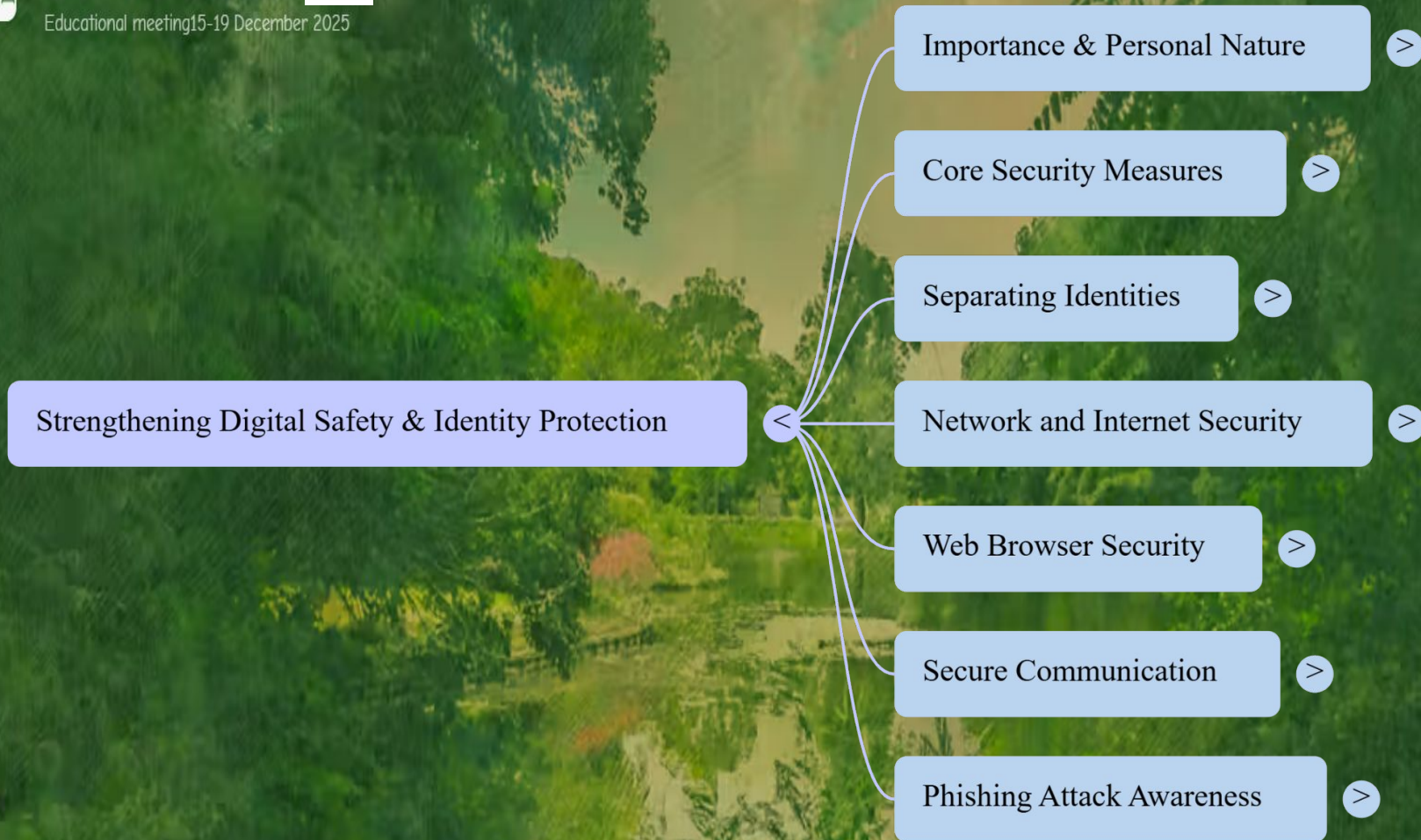
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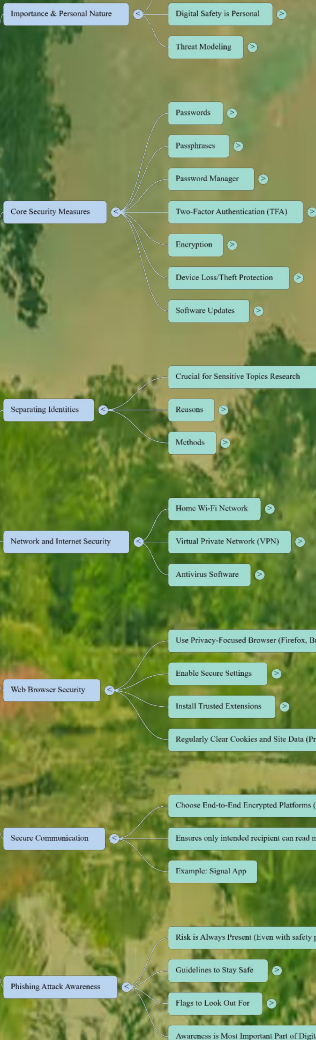


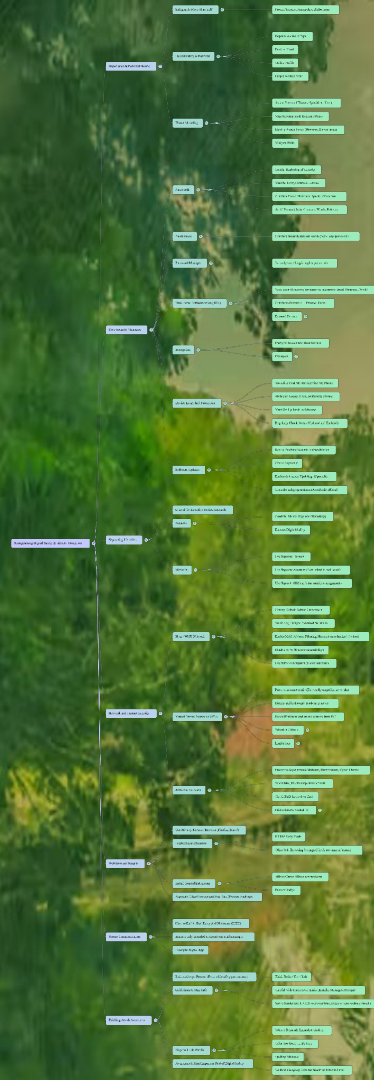
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Strengthening Digital Safety & Identity Protection





Your Digital Shield:

Essential Steps to Online Privacy

BUILD YOUR DIGITAL FORTRESS



Master Your Passwords

Use a password manager to create and store unique, complex passwords.



Enable Two-Factor Authentication (2FA)

Add a crucial second security layer to all important accounts, especially email.

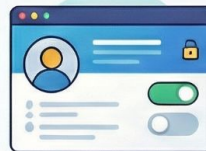


Practice Basic Cyber Hygiene

Regularly update software, use antivirus protection, and consider a VPN for privacy.



NAVIGATE THE WEB WISELY



Be Smart on Social Media

Limit posting personal information, location data, and sensitive documents like tickets or IDs.

Spot and Avoid Phishing Scams

Never click suspicious links; type website addresses directly into your browser instead.



Minimize Your Digital Footprint

Use private browsing modes, ad blockers, and limit app permissions to reduce tracking.



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– Understanding privacy settings on social media and other online platforms



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Privacy settings have the same core but different implementation



Lock Down Your Social Media: A Quick Guide to **Privacy Settings**

Facebook: Use the 'Privacy' Control Center

Decide who sees your posts, who can send friend requests, and review tags.



Instagram: Switch to a Private Account

This ensures only approved followers can see your photos, videos, and stories.

Twitter: Protect Your Tweets

Enable this so only your followers can see what you post and share.

Be Mindful of What You Share

Seemingly innocent information can be pieced together to create a detailed profile of you.



Universal Privacy Habits



Be Cautious with Location Tagging

Think twice before sharing your whereabouts, especially from home or private spaces.

Review Your Settings Regularly

Platforms constantly evolve, so check your settings every few months to stay secure.





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How to Use Privacy Settings

to Keep Your Information Safe Online

The logo for Fight Cybercrime.org, featuring a stylized blue and white graphic that resembles a star or a digital signal, with the text "Fight Cybercrime.org" in blue below it.



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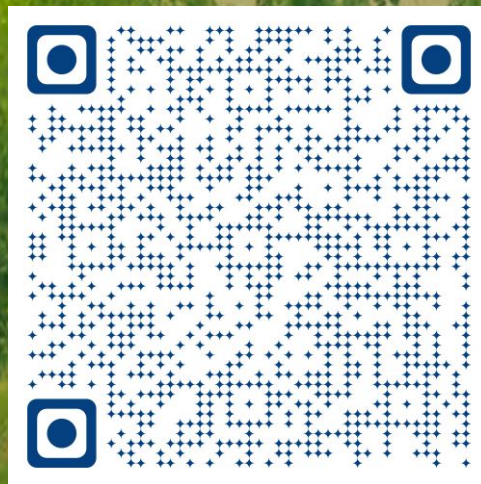
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Quiz





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– Using VPNs for enhanced privacy





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- Best ad blockers



BEST AD BLOCKER





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– Introduction to ad blockers and privacy-enhancing browser extensions

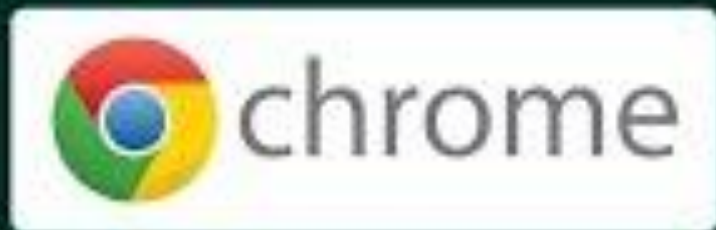


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BLOCK ADS





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Thank you!!